

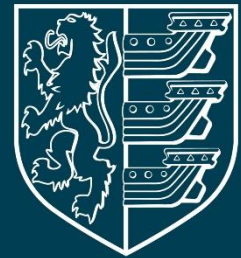
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Post-16 Pathways & Study Advice

Format of the Evening

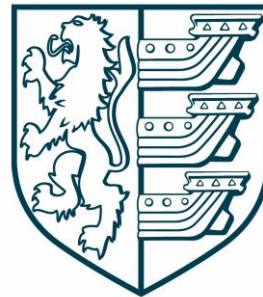
- Context of choices to be made
- Post-16 Qualifications and Providers
- Study advice and support for Year 11
- In the Northgate Sixth Form Centre – a chance to meet representatives from local learning providers



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**NORTHGATE
SIXTH FORM
CENTRE** IPSWICH

Exhibitors



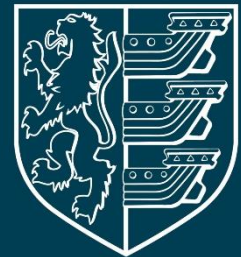
NORTHGATE
*High School
Careers*

one



Which Way now?

- Huge choice post-16
- Options are:
 - full time education e.g. school / college
 - Or work-based learning
e.g. an apprenticeship/part time education
with employment or voluntary
work
- Competition for places



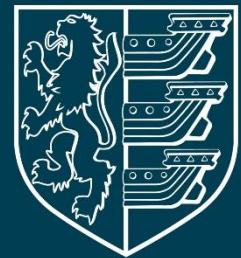
The September Guarantee

- Ensures that every 16 and 17 year old is offered an appropriate place of learning for the September following the end of compulsory education
- Raising the Participation Age – The law has changed – young people must stay in learning until the age of 18
- A back up option is vital for many young people to avoid becoming NEET (Not in Education, Employment or Training)



Support at Northgate

- Careers Lessons; External Speakers
- Careers Talks & Assemblies
- Visits to Post-16 Providers
- Careers Guidance Interviews – Mrs V Calder
- Learning Support – Mrs S Minns
- Teachers/Head of Year



Post-16 Education

Post-16 education happens in:

- School/Academy Sixth Forms
- Sixth Form Colleges – e.g. Suffolk One
- Further Education Colleges – e.g. Suffolk New College
- Private training providers – e.g. tchc, WS Training
- Work-based learning employer-providers
e.g. NHS, Fire Service, Armed Forces

You are required to be in **education** or **training** until you are 18 years old



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Post-16 Pathways

School Sixth Form

A Levels

Applied general qualifications e.g. BTEC, OCR Technical Certificates

GCSEs

FE Colleges

Applied general qualifications e.g. BTEC, OCR Technical Certificates

GCSEs

Apprenticeships

Traineeships

Specialist programmes – e.g. study programmes, SEND programmes

T Levels

Apprenticeship Providers

Apprenticeships

Traineeships

Search Education & Training Choices

<https://nationalcareers.service.gov.uk/explore-your-education-and-training-choices>

Qualifications:

What do the different levels mean?



English Language & Mathematics Post-16

- GCSE grade 3-0 in English Language, you will have to continue studying this subject
- GCSE grade 3-0 in Mathematics, you will have to continue studying this subject

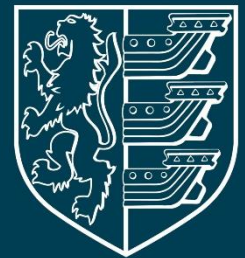


2023 Year 11 Destinations

- Sixth Form – 65%
- Further Education – 29%
- Apprenticeship / Work with Training – 3%
- Alternative Post-16 Provision – 2%
- NEET – 1%
(Not in Employment, Education or Training)



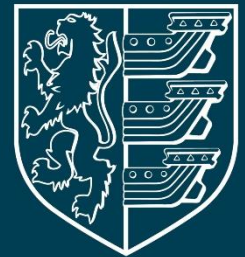
A Levels



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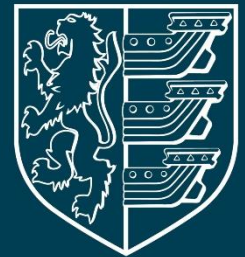
A Levels

- Advanced Level qualifications – Level 3
- Subject-based qualifications
- Widely recognised
- Can lead to university, further study, training, apprenticeships or work
- Normally study 3 A Levels over two years
- Usually assessed by a series of exams
- Linear



A Levels: Entry Requirements

- At least five GCSEs at grades 9 to 4
- Sometimes need at least grade 6 in the specific subject(s) you want to study at A Level
- However, the specific requirements needed to study A Levels will vary across schools and colleges
 - Important to check what you will need with the school or college you are looking to study at.



A Levels: How many?

- Most students studying A Levels take three A Levels
- Small number of students may take four A Levels
- Many schools/colleges also require students to take some form of enrichment



A Levels: Subject Choices

The most important criteria for choosing A levels subjects are:

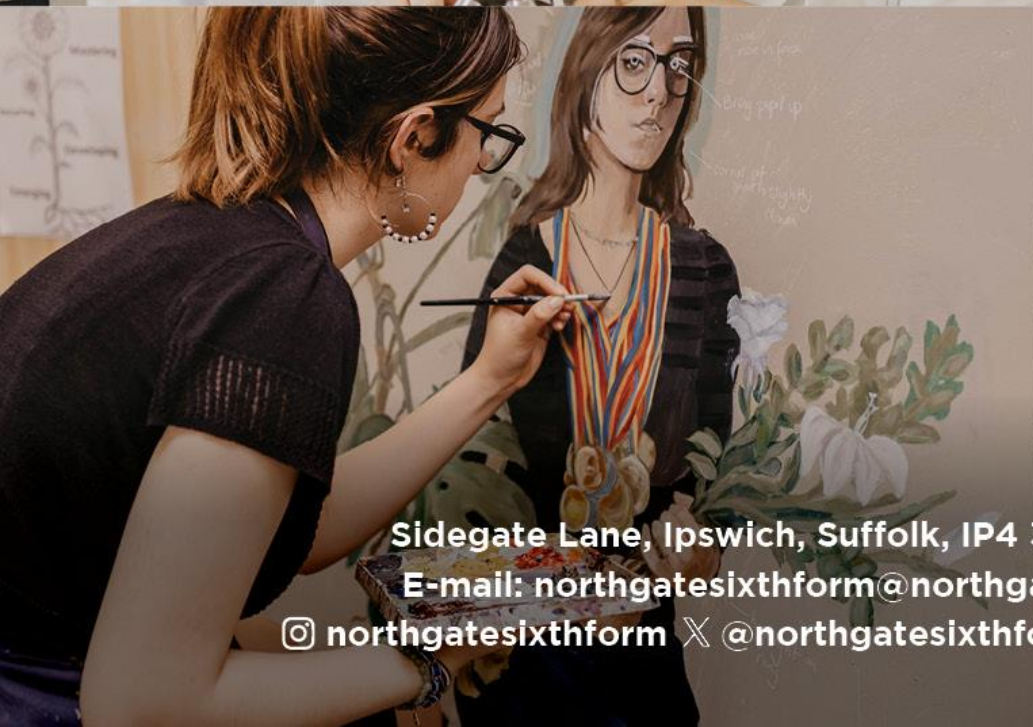
- **Looking at what you are likely to enjoy and be good at.** If you enjoy a subject or have an ability in it already, you are more likely to do well.
- **Are there any particular subjects and/or grades you may need?** If you have a particular career, job, or further study in mind, you may need to choose specific A levels in order to meet entry requirements.
- **How open** you want to keep your future study and career choices?



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<https://www.youtube.com/watch?v=BHKFrXMCHII>

NORTHGATE SIXTH FORM CENTRE IPSWICH



Sidegate Lane, Ipswich, Suffolk, IP4 3DL | www.northgatesixthform.co.uk

E-mail: northgatesixthform@northgate.suffolk.sch.uk | Tel: 01473 210123

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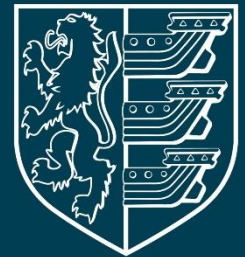
What do we offer?

- Wide curriculum choice
- 32 A Level subjects offered and 3 Level 3 Qualifications
- Extended Project Qualification
- 3 A Levels to start
- Further Maths
- Enrichment and work experience

Work Related Qualifications

BTEC

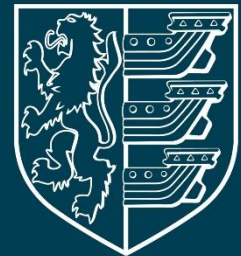
Cambridge/OCR Nationals



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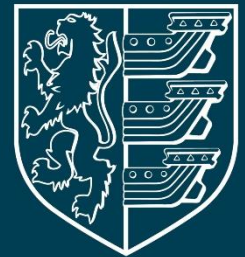
Applied General Qualifications

- Rigorous advanced Level 3 qualifications
- Equivalent to A Levels
- Allow 16-19 year old students to develop transferable knowledge and skills
- For students who want to develop their education through applied learning
- More coursework and modular in approach



What they are

- Work-related
- Practical, real world approach to learning
- Develop skills required for the workplace
- Provide progression to employment
- Can lead to progression onto higher education programmes
- Developed with employers' representatives



Some Examples



- Agriculture
- Animal Management
- Art & Design
- Business
- Construction
- Engineering
- Health & Social Care
- Hospitality
- ICT
- Leisure and Tourism
- Media
- Performing Arts
- Public Services
- Sport



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T Levels



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T Levels – level 3 programmes



- T Levels are available in over 20 industries
- Each programme consists of 5 components:
 - Approved technical qualification
 - Work placement (45 days)
 - Maths, English and digital requirements
 - Any other relevant requirements/qualifications
 - Any employability, enrichment and pastoral provision
- Digital, Construction, Education and Childcare, Medical Sciences all available locally

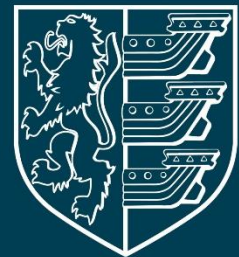


Introduction to T Levels -

https://www.youtube.com/watch?v=Egh-dKw_H7M

T Level Industry Placements -

<https://www.youtube.com/watch?v=KIA1PuCmYks>



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Study Programmes



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Study Programmes

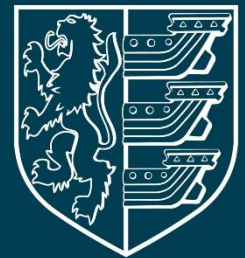


- Provide students with a structured and challenging learning programme
- Supports development and progression in line with their career plans
- Individually tailored
- Typically contains:
 - Substantial qualification to prepare for education at next level or employment
 - English & Maths where students have yet to achieve GCSE grade 4
 - Work experience
 - Development of student's character and attitudes and confidence



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Apprenticeships



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What are apprenticeships?



Employed



Off the job



Intermediate – degree
level



Paid a salary



Typically 1-6 years



Real responsibilities



Contract

600+

600+
standards



Not the easy option

The levels of apprenticeships



Name	Level	Equivalent educational level
Intermediate	2	5 GCSE passes at grade A*-C or 4-9
Advanced	3	2 A Levels / Level 3 diploma / international Baccalaureate
Higher	4,5,6 & 7	Foundation degree and above
Degree	6 & 7	Bachelor's or master's degree

How do you find an apprenticeship?



Register on Find
An Apprenticeship



Manage your alerts



Do your research



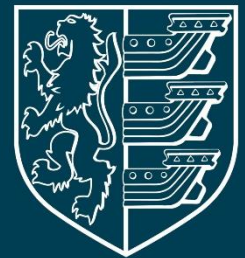
Contact companies



Search and apply

To find an
apprenticeship
visit [GOV.UK](https://www.gov.uk)

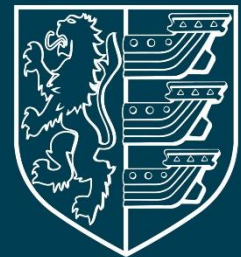
Next Steps



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What next?

- Attend open evenings/days/taster sessions
- Look at post-16 providers' websites
- Meeting deadlines for courses is vital
- The more training and qualifications you have the better your chances of getting and keeping a job that you enjoy
- Be positive and confident and well informed and you will make the correct choices for your future



Year 11 Key Dates and Study Advice



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Key Dates

- **9th Oct** - Open Evening (a chance to talk to teachers about Sixth Form)
- **Oct** – One-to-one Careers Guidance Interviews begin
- **Oct** – Sixth Form and college applications open
- **12th Nov onwards** - Mock exams
- **25th Nov** - Sixth Form interview evenings begin
- **12th Dec** – Mock results
- **End of Autumn Term** - deadline for some college applications



Key Dates

- **9th Jan** - Year 11 Parents' Evening
- **31st Jan** - Sixth Form applications close
- **26th Mar** - Year 11 Revision Advice Evening
- **8th May** - GCSE written exams begin
- **Note:**
 - Mock and actual exams in practical subjects and speaking exams for languages will take place over the course of the year.
 - Students will be informed of dates by their teachers.



Preparing for Mocks

- This will help with the final exams.
- A great opportunity to revise much of the course content.
- Mocks themselves are **not** the mechanism to identify and address weaknesses – that's what **revision** is for.





STUDY SMARTER: THE 6 PILLARS [PDF]

EVERYTHING (START HERE)

Study smarter... ... ace your exams

Unleash your potential with the science of learning

<https://examstudyexpert.com/>



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5 key tips

1. Revise the right things
2. Effortful retrieval
3. Spaced practice
4. Interleaving
5. Maintain Focus



1. Revise the Right Things

- Start by testing yourself
- Identify areas of weakness
- Focus on improving these areas



Core Subjects

- English



- Maths

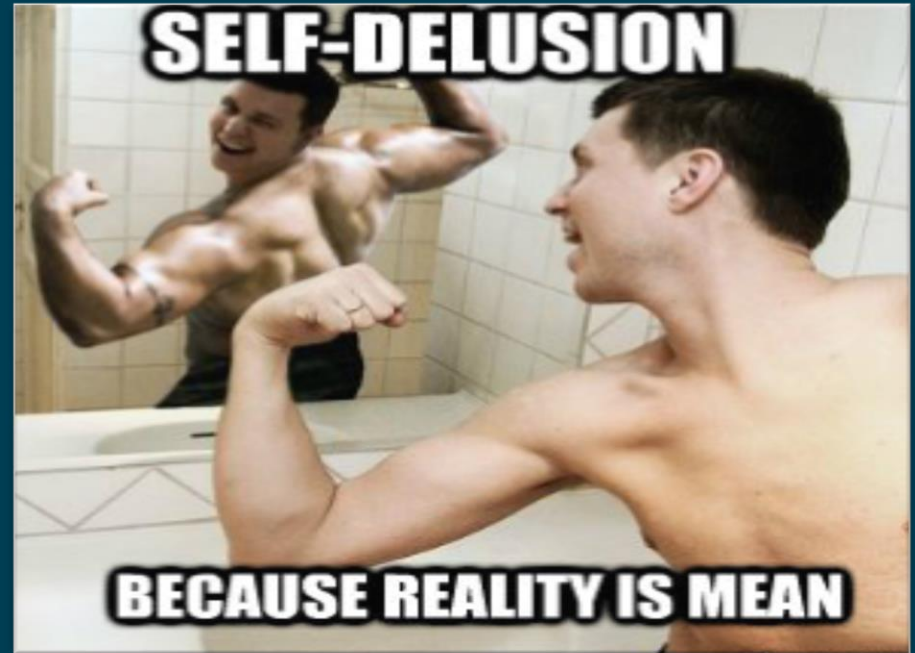
SPARX MATHS

- Science



2. Effortful Retrieval

- Revision shouldn't be 'comfortable'
 - revising areas you already know leads to **overconfidence** and **self-delusion**
- 'Effortful retrieval' of information enhances long-term memory

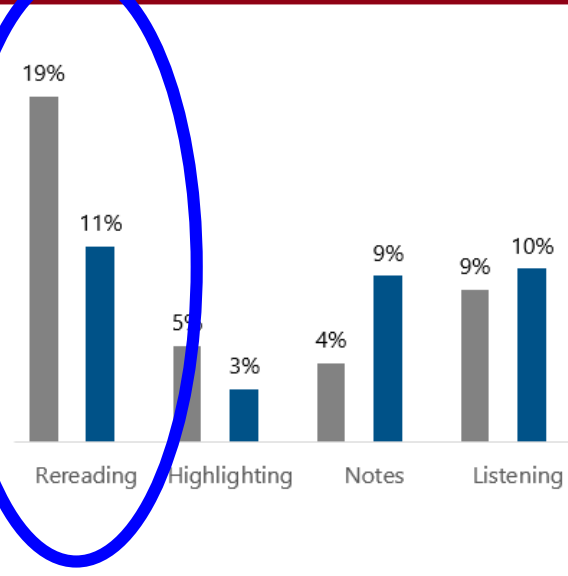


Useful strategies

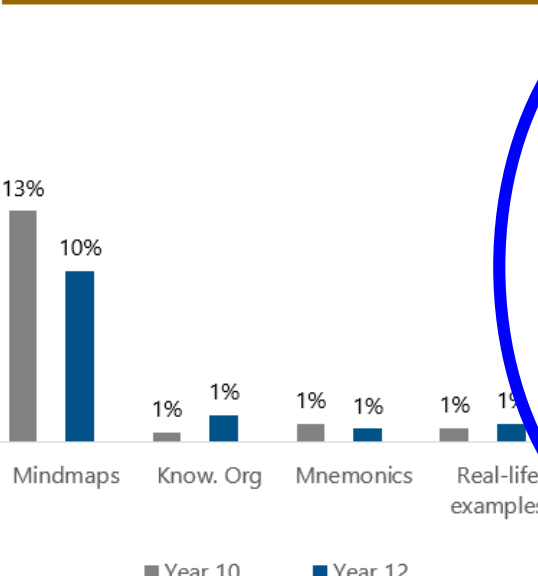
- Past papers
- Quiz Apps (e.g. Quizlet, Kahoot!)
- Paired or parent **testing** (e.g. using flashcards)
- Blank page retrieval (e.g. creating diagrams or mind maps **from memory**)



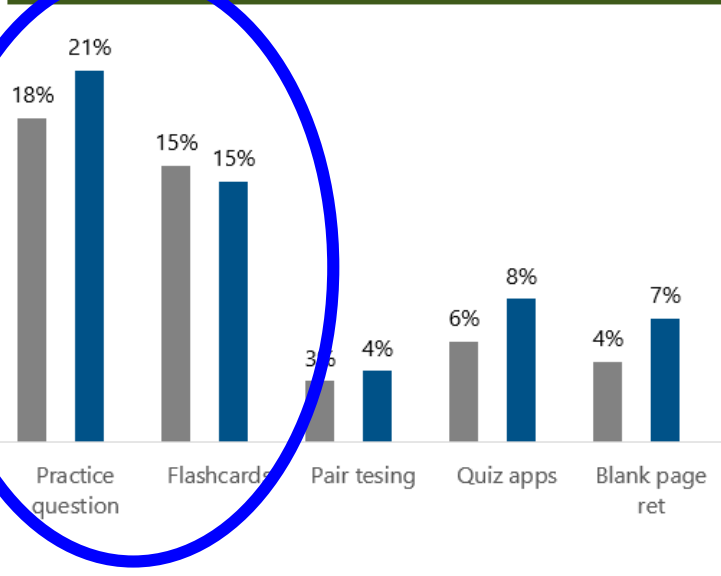
Generally low-effectiveness activities: have some uses, but low effectiveness as a memorisation tool in particular



Mixed-effectiveness activities: can be helpful, depending on how they are used and for what



Generally high-effectiveness activities: when used correctly, these represent highly effective ways to learn information



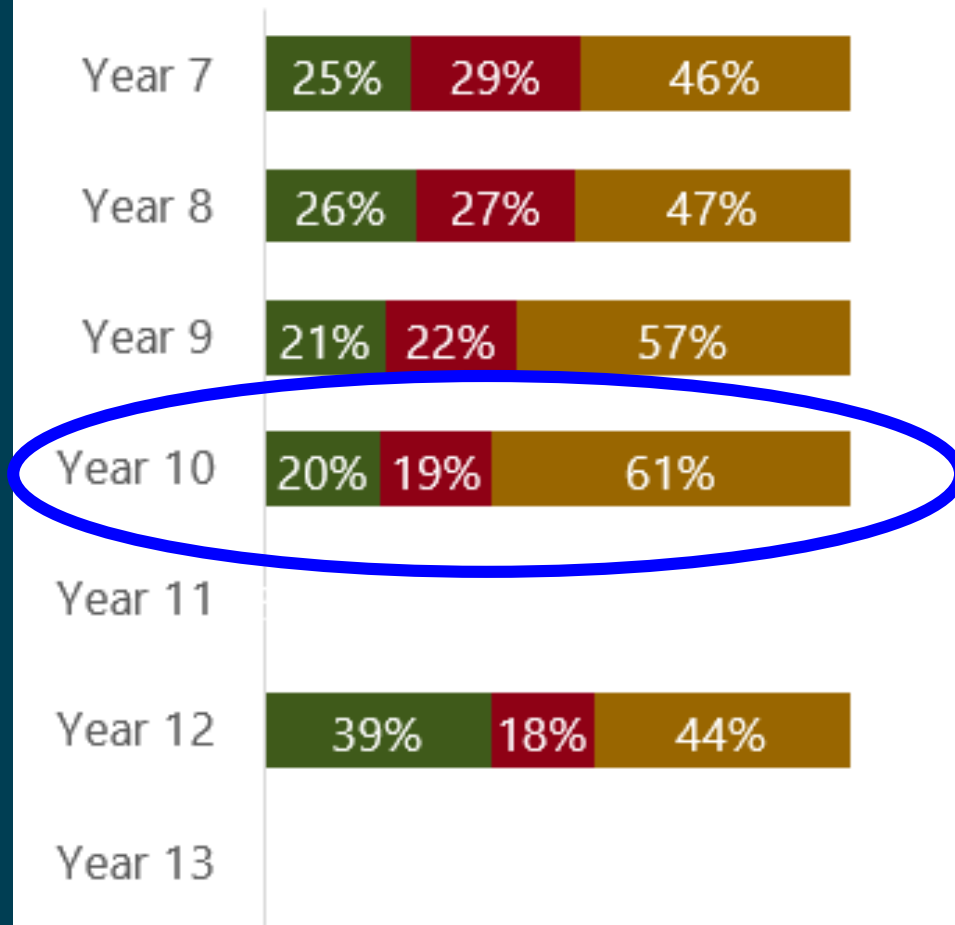
3. Spaced Practice



Spaced learning: not spending more hours on each topic, but rather spreading that time out

3. Spaced Practice

Which of the following best describes your pattern of revision for a given topic?



■ Multiple days / weeks ■ On a single day ■ It varies



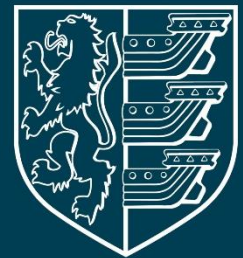
4. Interleaving

- Mix it up!
- **Don't** just work through topics in sequence.
- Jumping around topics will improve mental agility and aid effortful retrieval.
- Exam papers will jump around too!



5. Stay Focused

- Work smarter, not harder
- Short, focused sessions work best
- Keep on task

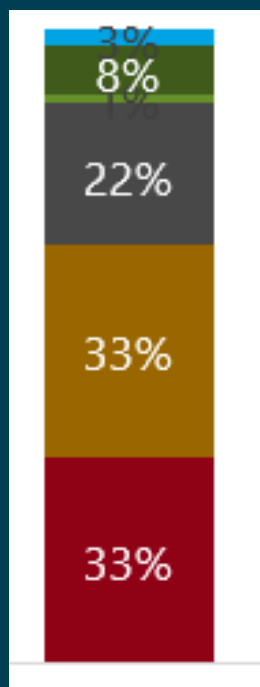


What do students find challenging in their independent learning?

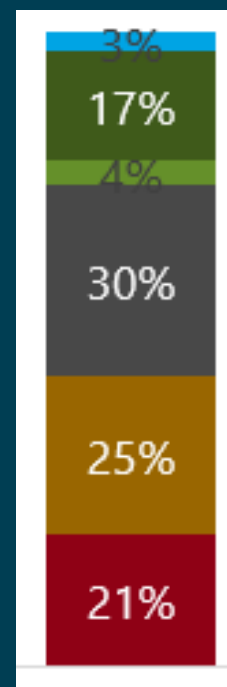
Year 10



What are you doing with your phone while doing homework?



What are you doing with your phone while revising for tests / exams?



■ Frequent checking

■ Occasional checking

■ On, but try not to check it

■ Airplane mode

■ Switched off

■ I don't have a phone

Key Take-Away Messages

1. **Attend** lessons, ask questions, respond to feedback
2. Revise and complete **homework** tasks
3. Use the 'right' revision **methods**
(work smarter, not harder)



Revision Support

- Study Centre
 - Mon-Thurs, 3:15-4:30
- Teachers
- Subject criteria
- Past paper questions
- Revision apps/guides



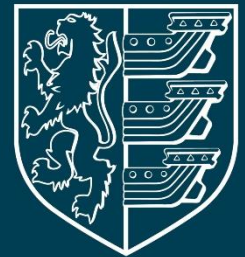
What do students need?

- A calm, organised place to work
- Flash cards / pens / highlighters
- Box files / document wallets
- Tea
- Sleep
- Moral support



Thank you for coming

Please make your way over to the Northgate Sixth Form Centre now to find out more information from any of the institutions represented.



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